

**Rollover nutrition information**

**By SKU per portion and per 100g. On page 6 you will find examples of a 'complete product' calorie information for our best selling products.**

Please note that rounding has been applied

**Sausages & Other**

Per portion

Product Code	SAU101	SAU400	SAU401	SAU409	SAU414	SAU417	SAU600	SAU603	SAU903	SAU917	SAU920	SAU925	SAU926	SAU927	SAU928	SAU931	SAU940	CHK007	BAC001
Product Description	Bockwurst Sausage Reduced Salt 50g	Sausage Bockwurst 90g	Sausage Bockwurst Reduced Salt 90g	Chicken Halal 90g Sausage	Sausage Bockwurst Chilli Cheese 90g	Chicken 90g Sausage	Sausage Bockwurst Reduced Salt 140g	Halal Chicken 140g Sausage	Breakfast Sausage 95g	Vegetarian Vegan Sausage 84g	Cheese Krakauer 120g	Signature 120g IQF Krakauer	Signature 120g IQF Krakauer Cheese	Signature 120g IQF Meister	Signature 120g IQF Bratwurst	Signature 160g IQF Meister XXL	90g Organic Bockwurst Sausage	Chicken Tender	Bacon
Product weight g	50	90	90	90	90	90	140	140	95	84	120	120	120	120	120	160	140	111	6.5
Energy - kj	582	1055	1047	904	1062	904	1628	1406	1144	824	1366	1246	1790	1397	1274	1566	911	1005	109
Energy - kcal	141	254	253	215	256	215	393	335	275	197	325	300	433	337	308	378	217	240	27
Fat - Grams	12.5	22.5	22.5	18.0	22.5	18.0	35.0	28.0	21.5	10.8	30.0	24.0	40.9	30.0	28.2	32.0	18.0	12.1	1.9
Saturated Fat - Grams	5.0	9.0	9.0	8.1	9.6	8.1	14.0	12.6	7.8	0.7	13.6	10.8	18.4	12.0	12.7	14.6	9.0	5.2	0.8
Carbohydrate - Grams	0.3	0.9	0.5	0.9	0.9	0.9	0.7	1.4	8.1	5.0	1.2	0.6	1.2	1.2	1.2	1.6	1.1	1.7	0.2
Total Sugars - Grams	0.0	0.9	0.0	0.9	0.9	0.9	0.0	1.4	1.0	1.4	0.1	0.6	1.2	1.2	1.2	1.6	0.9	0.0	0.2
Fibre - Grams	0.0	0.1	0.0	1.7	0.0	0.1	0.1	2.4	1.0	1.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0	0.0	0.0
Protein - Grams	6.8	12.2	12.2	13.1	12.6	13.1	18.9	20.3	12.4	19.7	13.8	20.4	15.0	15.6	12.4	20.8	13.3	15.4	2.3
Salt - Grams	0.7	2.0	1.2	0.1	1.8	1.5	1.9	0.1	1.0	1.6	2.4	1.9	2.6	2.4	2.5	3.2	1.8	0.7	0.2

**Sausages & Other**

Per 100g

Product Code	SAU101	SAU400	SAU401	SAU409	SAU414	SAU417	SAU600	SAU603	SAU903	SAU917	SAU920	SAU925	SAU926	SAU927	SAU928	SAU931	SAU940	CHK007	BAC001
Product Description	Bockwurst Sausage Reduced Salt 50g	Sausage Bockwurst 90g	Sausage Bockwurst Reduced Salt 90g	Chicken Halal 90g Sausage	Sausage Bockwurst Chilli Cheese 90g	Chicken 90g Sausage	Sausage Bockwurst Reduced Salt 140g	Halal Chicken 140g Sausage	Breakfast Sausage 95g	Vegetarian Vegan Sausage 84g	Cheese Krakauer 120g	Signature 120g IQF Krakauer	Signature 120g IQF Krakauer Cheese	Signature 120g IQF Meister	Signature 120g IQF Bratwurst	Signature 160g IQF Meister XXL	90g Organic Bockwurst Sausage	Chicken Tender	Bacon
Product weight g	100	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g
Energy - kj	1163	1172	1163	1004	1180	1004	1163	1004	1204	981	1138	1038	1492	1164	1062	979	1012	914	1671
Energy - kcal	281	283	281	239	285	239	281	239	290	235	271	250	361	281	257	236	241	218	413
Fat - Grams	25.0	25.0	25.0	20.0	25.0	20.0	25.0	20.0	22.6	12.8	25.0	20.0	34.1	25.0	23.5	20.0	20.0	11.0	29.1
Saturated Fat - Grams	10.0	10.0	10.0	9.0	10.7	9.0	10.0	9.0	8.2	0.8	11.3	9.0	15.3	10.0	10.6	9.1	10.0	4.7	11.6
Carbohydrate - Grams	0.5	1.0	0.5	1.0	1.0	1.0	0.5	1.0	8.5	5.9	1.0	0.5	1.0	1.0	1.0	1.0	1.2	15.8	3.5
Total Sugars - Grams	0.0	1.0	0.0	1.0	1.0	1.0	0.0	1.0	1.0	1.7	0.1	0.5	1.0	1.0	1.0	1.0	1.0	0.0	3.5
Fibre - Grams	0.0	0.0	0.0	1.7	0.0	0.1	0.1	1.7	1.1	1.2	0.1	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.6
Protein - Grams	13.5	13.5	13.5	14.5	14.0	14.5	13.5	14.5	13.0	23.4	11.5	17.0	12.5	13.0	10.3	13.0	14.8	14.0	34.8
Salt - Grams	1.4	2.2	1.4	0.1	2.0	1.7	1.4	0.1	1.1	1.9	2.0	1.6	2.2	2.0	2.1	2.0	2.0	0.6	3.2

**Bread**

Per portion

Product Code	BUR011	FUL004	FUL010	SOF019	SOF023	SOF028
Product Description	5" Break-Off Burger Bun	Fully Baked Baguette Presliced	Fully Baked Presliced Baguette	6" Brioche roll	Pretzel Roll 7"	Semolina Roll
Product weight g	75	110	120	75	80	90
Energy - kj	798	1239	1351	927	938	1103
Energy - kcal	188	296	323	219	222	261
Fat - Grams	1.7	0.8	0.9	4.8	3.0	4.2
Saturated Fat - Grams	0.7	0.1	0.1	2.7	0.3	0.5
Carbohydrate - Grams	36.8	59.8	65.3	35.9	39.8	46.7
Total Sugars - Grams	4.0	5.0	5.5	4.9	2.6	3.9
Fibre - Grams	1.1	3.5	3.9	1.2	0.0	2.1
Protein - Grams	8.3	9.7	10.6	8.2	7.5	8.1
Salt - Grams	8.8	1.0	1.1	0.9	1.6	0.8

**Bread**

Per 100g

Product Code	BUR011	FUL004	FUL010	SOF019	SOF023	SOF028
Product Description	5" Break-Off Burger Bun	Fully Baked Baguette Presliced	Fully Baked Presliced Baguette	6" Brioche roll	Pretzel Roll 7"	Semolina Roll
Product weight g	100	per 100g	per 100g	per 100g	per 100g	per 100g
Energy - kj	1064	1126	1126	1236	1173	1226
Energy - kcal	251	269	269	292	277	290
Fat - Grams	2.2	0.7	0.74	6.4	3.74	4.7
Saturated Fat - Grams	0.9	0.1	0.12	3.6	0.4	0.5
Carbohydrate - Grams	49	54.4	54.4	47.9	49.8	51.9
Total Sugars - Grams	5.3	4.5	4.58	6.5	3.3	4.3
Fibre - Grams	1.5	3.2	3.25	1.6	0.0	2.3
Protein - Grams	11	8.8	8.8	10.9	9.39	9.0
Salt - Grams	1.1	0.9	0.9	1.2	2.0	0.9

**Burger**

**Per portion**

Product Code	BUR003	BUR011
Product Description	Burger Only (48)	5" Break-Off Burger Bun
	per portion	per portion
Product weight g	90	75
Energy - kj	1125	798
Energy - kcal	271	188
Fat - Grams	20.8	1.7
Saturated Fat - Grams	9.2	0.7
Carbohydrate - Grams	2.9	36.8
Total Sugars - Grams	1.6	4.0
Fibre - Grams	1.6	1.1
Protein - Grams	17.3	8.3
Salt - Grams	11.3	8.8

**Per 100g**

Product Code	BUR003	BUR011
Product Description	Burger Only (48)	5" Break-Off Burger Bun
	per 100g	per 100g
Product weight g	100	100
Energy - kj	1250	1064
Energy - kcal	301	251
Fat - Grams	23.1	2.2
Saturated Fat - Grams	10.2	0.9
Carbohydrate - Grams	3.2	49.0
Total Sugars - Grams	1.8	5.3
Fibre - Grams	1.8	1.5
Protein - Grams	19.2	11.0
Salt - Grams	1.0	1.1

**Bacon Cheese Burger**

**Per portion**

Product Code	BUR003	BUR011	CHE008	BAC001	BUR003	BUR011	CHE008	BAC001
Product Description	Burger Only (48)	5" Break-Off Burger Bun	Cheese Slice	Bacon	Burger Only (48)	5" Break-Off Burger Bun	Cheese Slice	Bacon
	per portion	per portion	per portion	per portion	per 100g	per 100g	per 100g	per 100g
Product weight g	90	75	17	13	100	100	100	100
Energy - kj	1125	798	194	217	1250	1064	1139	1671
Energy - kcal	271	188	47	54	301	251	274	413
Fat - Grams	20.8	1.7	3.5	3.8	23.1	2.2	20.4	29.1
Saturated Fat - Grams	9.2	0.7	1.8	1.5	10.2	0.9	10.6	11.6
Carbohydrate - Grams	2.9	36.8	1.4	0.5	3.2	49.0	8.2	3.5
Total Sugars - Grams	1.6	4.0	1.0	0.5	1.8	5.3	5.7	3.5
Fibre - Grams	1.6	1.1	0.0	0.1	1.8	1.5	0.0	0.6
Protein - Grams	17.3	8.3	2.2	4.5	19.2	11.0	12.7	34.8
Salt - Grams	11.3	8.8	0.3	0.4	1.0	1.1	1.6	3.2

**Per 100g**

**Cheese Burger**

**Per portion**

Product Code	BUR003	BUR011	CHE008	BUR003	BUR011	CHE008
Product Description	Burger Only (48)	5" Break-Off Burger Bun	Cheese Slice	Burger Only (48)	5" Break-Off Burger Bun	Cheese Slice
	per portion	per portion	per portion	per 100g	per 100g	per 100g
Product weight g	90	75	17	100	100	100
Energy - kj	1125	798	194	1250	1064	1139
Energy - kcal	271	188	47	301	251	274
Fat - Grams	20.8	1.7	3.5	23.1	2.2	20.4
Saturated Fat - Grams	9.2	0.7	1.8	10.2	0.9	10.6
Carbohydrate - Grams	2.9	36.8	1.4	3.2	49.0	8.2
Total Sugars - Grams	1.6	4.0	1.0	1.8	5.3	5.7
Fibre - Grams	1.6	1.1	0.0	1.8	1.5	0.0
Protein - Grams	17.3	8.3	2.2	19.2	11.0	12.7
Salt - Grams	11.3	8.8	0.3	1.0	1.1	1.6

**Per 100g**

**Breakfast Muffin**

**Per portion**

Product Code	BRE001	BRE002
Product Description	Breakfast Muffin (bread)	Breakfast Patty Cheese Slice
	per portion	per portion
Product weight g	76	65
Energy - kj	768	705
Energy - kcal	183	170
Fat - Grams	1.1	11.9
Saturated Fat - Grams	0.2	4.3
Carbohydrate - Grams	36.8	5.2
Total Sugars - Grams	0.4	0.0
Fibre - Grams	1.9	0.5
Protein - Grams	6.6	10.4
Salt - Grams	0.7	1.0

**Per 100g**

Product Code	BRE001	BRE002
Product Description	Breakfast Muffin (bread)	Breakfast Patty Cheese Slice
	per 100g	per 100g
Product weight g	100	100
Energy - kj	1011	1084
Energy - kcal	241	261
Fat - Grams	1.4	18.3
Saturated Fat - Grams	0.3	6.6
Carbohydrate - Grams	48.4	8.0
Total Sugars - Grams	0.5	0.0
Fibre - Grams	2.5	0.7
Protein - Grams	8.7	16.0
Salt - Grams	0.9	1.6

**Breakfast Egg Muffin**

Per portion

Product Code	BRE001	BRE002	EGG001
Product Description	Breakfast Muffin (bread)	Breakfast Patty	Plain Round Omelette
	per portion	per portion	per portion
Product weight g	76	65	50
Energy - kJ	768	705	345
Energy - kcal	183	170	83
Fat - Grams	1.1	11.9	6.5
Saturated Fat - Grams	0.2	4.3	1.5
Carbohydrate - Grams	36.8	5.2	0.9
Total Sugars - Grams	0.4	0.0	0.9
Fibre - Grams	1.9	0.5	0.1
Protein - Grams	6.6	10.4	5.0
Salt - Grams	0.7	1.0	0.3

Per 100g

Product Code	BRE001	BRE002	EGG001
Product Description	Breakfast Muffin (bread)	Breakfast Patty	Plain Round Omelette
	per 100g	per 100g	per 100g
Product weight g	100	100	100
Energy - kJ	1011	1084	690
Energy - kcal	241	261	166
Fat - Grams	1.4	18.3	13
Saturated Fat - Grams	0.3	6.6	3
Carbohydrate - Grams	48.4	8.0	0.0
Total Sugars - Grams	0.5		0.0
Fibre - Grams	2.5	0.7	0.0
Protein - Grams	8.7	16.0	13.4
Salt - Grams	0.9	1.6	0.6

**Chicken Burger**

Per portion

Product Code	BUR011	CHK005
Product Description	5" Break-Off Burger Bun	Southern Fried Chicken Burger
	per portion	per portion
Product weight g	76	110
Energy - kJ	768	986
Energy - kcal	183	235
Fat - Grams	1.1	11.0
Saturated Fat - Grams	0.2	4.2
Carbohydrate - Grams	36.8	17.6
Total Sugars - Grams	0.4	0.6
Fibre - Grams	1.9	1.3
Protein - Grams	6.6	16.5
Salt - Grams	0.7	1.54

Per 100g

Product Code	BUR011	CHK005
Product Description	5" Break-Off Burger Bun	Southern Fried Chicken Burger
	per 100g	per 100g
Product weight g	100	100
Energy - kJ	1011	896
Energy - kcal	241	214
Fat - Grams	1.4	10.0
Saturated Fat - Grams	0.3	3.8
Carbohydrate - Grams	48.4	16.0
Total Sugars - Grams	0.5	0.5
Fibre - Grams	2.5	1.2
Protein - Grams	8.7	15.0
Salt - Grams	0.9	1.40

**Nachos**

Per portion

Product Code	NAC011	NAC011
Product Description	Chip Nacho Rollover (Reg)	Chip Nacho Rollover (Large)
	per portion	per portion
Product weight g	100	125
Energy - kJ	2003	2504
Energy - kcal	478	598
Fat - Grams	21.0	26.2
Saturated Fat - Grams	2.5	3.2
Carbohydrate - Grams	63.0	78.8
Total Sugars - Grams	1.6	2.0
Fibre - Grams	6.1	7.6
Protein - Grams	6.3	7.9
Salt - Grams	0.7	0.9

Per 100g

Product Code	NAC011	NAC011
Product Description	Chip Nacho Rollover (Reg)	Chip Nacho Rollover (Large)
	per 100g	per 100g
Product weight g	100	100
Energy - kJ	2003	2003
Energy - kcal	478	478
Fat - Grams	21.0	21.0
Saturated Fat - Grams	2.5	2.5
Carbohydrate - Grams	63	63
Total Sugars - Grams	1.6	1.6
Fibre - Grams	6.1	6.1
Protein - Grams	6.3	6.3
Salt - Grams	0.7	0.7

**Nacho dips & Toppings**

Per portion					
Product Code	NAC006	NAC007	NAC008	NAC016	JAL002
Product Description	Salsa Nacho Dip Pots	Nacho Sour Cream Dip Pots	Snack Cheese Nacho Dip Pots	Pouch cheese	Jalapenos Sliced Pouch 3KG
	per portion	per portion	per portion	per portion	per portion
Product weight g	70	70	70	80	50
Energy - kj	117	522	407	288	27
Energy - kcal	28	125	97	56	7
Fat - Grams	0.4	11.8	8.5	4.0	0.0
Saturated Fat - Grams	0.1	7.5	2.2	0.4	0.0
Carbohydrate - Grams	5.3	3.0	2.9	5.6	2.0
Total Sugars - Grams	3.9	2.5	0.5	2.4	0.6
Fibre - Grams	0.9		0.2	0.0	
Protein - Grams	0.8	1.7	2.2	0.8	0.4
Salt - Grams	0.8	0.1	0.9	1.8	1.3

Per 100g					
Product Code	NAC006	NAC007	NAC008	NAC016	JAL002
Product Description	Salsa Nacho Dip Pots	Nacho Sour Cream Dip Pots	Snack Cheese Nacho Dip Pots	Pouch cheese	Jalapenos Sliced Pouch 3KG
	per 100g	per portion	per portion	per portion	per portion
Product weight g	100	100	100	100	100
Energy - kj	167	745	581	360	54
Energy - kcal	40	178	139	70	13
Fat - Grams	0.5	16.8	12.1	5.0	0.0
Saturated Fat - Grams	0.1	10.7	3.1	0.5	0.0
Carbohydrate - Grams	7.5	4.3	4.2	7.0	4.0
Total Sugars - Grams	5.5	3.6	0.7	3.0	1.2
Fibre - Grams	1.3		0.3	0.0	0.0
Protein - Grams	1.2	2.4	3.1	1.0	0.7
Salt - Grams	1.2	0.1	1.3	2.3	2.6

**Sauces - Bottles - based on 10g serving**

Per portion						
Product Code	SCE001	SCE004	SCE006	SCE007	SCE009	SCE010
Product Description	Ketchup (10 Case)	Mustard (10 case)	BBQ (10 Case)	Brown (10 Case)	Chilli (10 Case)	German Style Mustard
	per portion	per portion	per portion	per portion	per portion	per portion
Product weight g	10	10	10	10	10	10
Energy - kj	25	38	44	24	20	65
Energy - kcal	6	9	10	6	5	16
Fat - Grams	0.0	0.3	0.0	0.0	0.0	1.1
Saturated Fat - Grams	0.0	0.1	0.0	0.0	0.0	0.1
Carbohydrate - Grams	1.3	1.0	2.5	1.2	1.0	0.7
Total Sugars - Grams	0.8	0.4	2.1	0.7	0.6	0.4
Fibre - Grams	0.1	0.2	0.0	0.0	0.1	0.4
Protein - Grams	0.1	0.3	0.1	0.0	0.1	0.8
Salt - Grams	0.2	0.3	0.3	0.2	0.2	0.47

Per 100g						
Product Code	SCE001	SCE004	SCE006	SCE007	SCE009	SCE010
Product Description	Ketchup (10 Case)	Mustard (10 case)	BBQ (10 Case)	Brown (10 Case)	Chilli (10 Case)	German Style Mustard
	per 100g	per 100g	per 100g	per 100g	per 100g	per 100g
Product weight g	100	100	100	100	100	100
Energy - kj	249	376	438	242	195	652
Energy - kcal	59	89	103	57	46	158
Fat - Grams	0.1	3	0.1	0	0.1	10.7
Saturated Fat - Grams	0.0	0.6	0	0	0	1.1
Carbohydrate - Grams	13.0	10.2	24.6	12.1	10.2	7.2
Total Sugars - Grams	8.1	3.8	20.5	7.4	5.9	4.0
Fibre - Grams	1.1	1.7	0.3	0.3	0.5	4.0
Protein - Grams	1.1	2.6	0.6	0.3	0.7	8.4
Salt - Grams	2.2	3.2	3.1	2.04	1.9	4.70

**Snacking - Jalapeno Poppers, Chicken Nuggets, Boneless Wings**

Per portion			
Product Code	JAL005	CHK004	CHK006
Product Description	Jalapeno Cheese Poppers (20g)	Chicken Nuggets (22g)	Boneless Wings (28g)
	(4 Poppers)	(6 Nuggets)	(5 Wings)
Product weight g	80	132	140
Energy - kj	1094	879	1176
Energy - kcal	263	210	281
Fat - Grams	18.6	10.8	12.7
Saturated Fat - Grams	7.3	1.3	5.3
Carbohydrate - Grams	14.3	11.7	17.1
Total Sugars - Grams	1.6	0.9	0.6
Fibre - Grams	1.1	1.2	0.0
Protein - Grams	9.1	15.8	22.8
Salt - Grams	0.9	1.3	1.1

Per 100g			
Product Code	JAL005	CHK004	CHK006
Product Description	Jalapeno Cheese Poppers (20g)	Chicken Nuggets (22g)	Boneless Wings (28g)
	per 100g	per 100g	per 100g
Product weight g	100	100	100
Energy - kj	1367	666	840
Energy - kcal	329	159	201
Fat - Grams	23.2	8.2	9.1
Saturated Fat - Grams	9.1	1.0	3.8
Carbohydrate - Grams	17.9	8.9	12.2
Total Sugars - Grams	2.0	0.7	0.4
Fibre - Grams	1.4	0.9	0
Protein - Grams	11.4	12.0	16.3
Salt - Grams	1.09	1.0	0.8